



# SIM

State Innovation Model

## Collaborative Learning Session: Thursday, March 7, 2019

Omni Interlocken: 500 Interlocken Blvd, Broomfield, CO

Registration 7:30am-8:30am (Foyer)

Welcome/Introduction 8:30am-8:40am (Interlocken Ballroom)

Heather Stocker, MA

High Level Overview of SIM 8:40am-9:00am

Perry Dickinson, MD & Barbara Martin, RN, MSN, ACNP-BC, MPH

### Keynote: 9:00am-10:00am (Interlocken Ballroom) Culture, Communication, & Collaboration in Team-based Care

*Susan H McDaniel, PhD*

Dr Laurie Sands Distinguished Professor of Families & Health  
Vice Chair, Department of Family Medicine  
Director, Institute for the Family, Department of Psychiatry  
Director, URMIC Physician Communication Coaching Program  
University of Rochester Medical Center

#### Objectives:

1. Describe the approach that the World Health Organization states is the only feasible way to address treatment gaps for common mental, behavioral, and substance abuse problems
2. Describe two findings from the Adverse Childhood Experiences (ACES) study that link childhood psychosocial experience with adult physical illness
3. Provide an example of dysfunctional triangulation in primary care teamwork
4. Describe three characteristics of effective, high-functioning teams

MOVE TO BREAKOUT SESSION #1 - 10:00am-10:15am

BREAKOUT SESSION #1 - 10:15am-11:15am

TRACK	SESSION	OBJECTIVES	LOCATION
<b>SIM Business</b>	<b>Developing &amp; Using Your Value Proposition</b>  <i>Pam Ballou-Nelson, RN, MSPH, CMPE, PhD</i> <i>Bonny L Brill, CMPE, CMRS</i>	<ol style="list-style-type: none"> <li>1. Define the value proposition</li> <li>2. Identify who is my customer</li> <li>3. Understand how to develop a practice value proposition</li> <li>4. Describe examples of value propositions</li> </ol>	<b>Pine (Downstairs)</b>
<b>SIM Peds</b>	<b>EPDST - A Benefit Is Not A Benefit Unless You Use It!</b>  <i>Jeff Helm, MPA</i>	<ol style="list-style-type: none"> <li>1. Identify that Medicaid is not commercial insurance and they can ask for any medically necessary services the child needs</li> <li>2. Identify that children on Medicaid are not limited to a yearly periodicity schedule</li> <li>3. Understand the federally required case management and outreach mandates and how Colorado meets those mandates</li> <li>4. Describe the CMS requirements for lead testing</li> </ol>	<b>Spruce (Downstairs)</b>



<p><b>SIM</b></p>	<p><b>Team Communication Dynamics: Establishing the Baseline for Patient Engagement in Your Practice</b></p> <p><i>Marcia Carteret, M.Ed.</i></p>	<ol style="list-style-type: none"> <li>1. Recognize some key features of intentional team communication within a practice setting, including the establishment of communication ground rules</li> <li>2. Describe how clear communication ground rules support team collaboration and create a baseline for effective communication with patients and families</li> <li>3. Transfer the concept of team communication ground rules to related "patient engagement ground rules"</li> </ol>	<p><b>Centennial F (Upstairs)</b></p>
<p><b>SIM</b></p>	<p><b>How About MIPS: Why bother?</b></p> <p><i>Andrew Bienstock, MHA Courtney Ryan Lauren O'Kipney, CRC5</i></p>	<ol style="list-style-type: none"> <li>1. Describe changes for the 2019 MIPS Performance Year</li> <li>2. Discuss strategies for successful participation in the 2019 MIPS Performance Year</li> <li>3. Understand the impact of the cost performance category in 2019</li> </ol>	<p><b>Birch (Downstairs)</b></p>
<p><b>SIM</b></p>	<p><b>What Resources Do I Have After SIM?</b></p> <p><i>Moderator: Allyson Gottsman Representatives from CDPHE/ ECHO/ HDCo/Telligen</i></p>	<ol style="list-style-type: none"> <li>1. Identify resources that will be available ongoing after SIM</li> <li>2. Discuss strategies to meet future educational and data needs</li> <li>3. Understand resources available for behavioral health integration</li> </ol>	<p><b>Private Dining Room (Upstairs)</b></p>
<p><b>SIM</b></p>	<p><b>Integration Dyads; Behavioral Health and Primary Care</b></p> <p><i>Moderator: Stephanie Kirchner, MSPH, RD Practice Panel</i></p>	<ol style="list-style-type: none"> <li>1. Describe an ideal state for behavioral health provider integration</li> <li>2. Understand the challenges of integrating a behavioral health provider</li> <li>3. Identify successful strategies to use when integrating a behavioral health provider</li> </ol>	<p><b>Centennial E (Upstairs)</b></p>
<p><b>SIM</b></p>	<p><b>Connect with Your Community</b></p> <p><i>Ashlie Brown, Jane Gerberding, BSN, RN, Dee Kessler, Kristin Mast, Heather Ponicsan, DNP, MPH, RN, Taylor Miranda Thompson, MPH</i></p>	<ol style="list-style-type: none"> <li>1. Learn how a Regional Health Connector (RHC) can support your practice to meet your milestones and care for your community</li> <li>2. Describe how RHCs partner with clinical quality improvement teams to help practices prepare for new models of care and reach their goals</li> <li>3. Identify opportunities for primary care to use RHCs to connect with community-based behavioral health and social services</li> </ol>	<p><b>Cedar (Downstairs)</b></p>
<p><b>SIM</b></p>	<p><b>Sustaining Behavioral Health Integration</b></p> <p><i>Lori Raney, MD</i></p>	<ol style="list-style-type: none"> <li>1. Understand the opportunities for FFS billing in CO including 6 Medicaid BH visits annually</li> <li>2. List the key therapy codes suited for short term care in the primary care setting</li> <li>3. Recognize the key components of documentation compliance</li> <li>4. Comprehend the value opportunities in demonstrating outcomes based on effective care</li> </ol>	<p><b>Fir (Downstairs)</b></p>

**MOVE TO LUNCH – 11:15am - 11:30am**

**LUNCH IN INTERLOCKEN BALLROOM 11:30am-12:30pm**

**Fireside Chat**

*Barbara Martin, RN, MSN, ACNP-BC, MPH, Director, Colorado SIM*

*Patrick Gordon, MPA, Associate Vice President, Rocky Mountain Health Plan*

*Tista Ghosh, MD, MPH, Interim Chief Medical Officer, CDPHE*

*Allyson Gottsman, Director, Colorado Health Extension System*

*Kate Horle, MPA, Chief Operations Officer, Colorado Regional Health Information Organization*



**Objectives:**

1. Identify ways that primary care providers have worked with public and private payers to support integrated care models
2. Recognize continued policy and regulatory barriers to supporting whole-person care
3. Describe how payment reform, practice transformation, HIT, and population health can work together to improve the primary care system

**RESOURCE AREA OPEN FOR NETWORKING 11:30am -12:45pm (Upper Level)**

**List of Vendors in your packet**

**MOVE TO BREAKOUT SESSION #2 - 12:30pm-12:45pm**

**BREAKOUT SESSION #2 - 12:45pm-1:45pm**

TRACK	SESSION	OBJECTIVES	LOCATION
<b>SIM Business</b>	<p><b>How to Negotiate Commercial Payer Contracts</b></p> <p><i>R Todd Welter, MS</i></p>	<ol style="list-style-type: none"> <li>1. Understand how to negotiate contracts with your commercial payers</li> <li>2. Discuss how/why you need to include your data resources as part of these discussions and negotiations</li> <li>3. Understand how to incorporate behavioral health services as part of your discussions with commercial payers</li> <li>4. Discuss the future of commercial payer contracting and integrating the practice setting</li> </ol>	<b>Fir (Downstairs)</b>
<b>SIM Business</b>	<p><b>Building Sustainability for Integration Part 1: Financial Forecasting</b></p> <p><i>Lesley Manson, PsyD</i></p>	<ol style="list-style-type: none"> <li>1. Understand financial forecasting as an essential skill in order to successfully build and sustain an integrated practice</li> <li>2. Identify essential elements to successful billing practices using the 5-Step method</li> <li>3. Learn and review ways to develop a pro forma for successful integrated provider and/or program financial forecasting</li> </ol>	<b>Alder (Downstairs)</b>
<b>SIM Peds</b>	<p><b>Pediatrics and Child Welfare: The Untold Story</b></p> <p><i>Jeff Helm, MPA</i></p>	<ol style="list-style-type: none"> <li>1. Identify that Medicaid is not a commercial insurance and how that applies to children in the Child Welfare system</li> <li>2. Understand that there is an additional periodicity schedule for children in Child Welfare from AAP</li> <li>3. Describe the consent process within Child Welfare and the possibilities for information exchange</li> </ol>	<b>Spruce (Downstairs)</b>
<b>SIM</b>	<p><b>Emerging Technologies for Integrated Behavioral Health and Primary Care</b></p> <p><i>Sam Huble, PhD Sarah Beary</i></p>	<ol style="list-style-type: none"> <li>1. Describe how the National Mental Health Innovation Center is accelerating the development and integration of mental health technologies through its Technology Innovation Network</li> <li>2. Identify emerging technologies that address challenges common to integrated behavioral health and primary care</li> <li>3. Determine the value of integrating emerging mental health technologies at your clinic(s)</li> </ol>	<b>Centennial E (Upstairs)</b>
<b>SIM</b>	<p><b>Implementing Core Competencies for Behavioral Health Providers Working in Primary Care</b></p>	<ol style="list-style-type: none"> <li>1. Describe the evolution of the Core Competencies for Behavioral Health Providers working in Primary Care.</li> <li>2. Identify e-learning opportunities to understand and adopt Behavioral Health Provider competencies in integrated primary care and/or behavioral health settings</li> </ol>	<b>Cedar (Downstairs)</b>



	<p><i>Emma Gilchrist, MPH</i> <i>Robyn Wearner, MA, RD</i> <i>Janet Steinkamp</i></p>	<p>3. Describe Workforce development opportunities offered by the Office of Behavioral Health</p>	
<b>SIM</b>	<p><b>Strategies to Build Strong Integrated Care Teams</b></p> <p><i>Gail Armstrong, PhD, DNP, ACNS-BC, CNE</i> <i>Kathy Reims, MD</i> <i>Sarah Stalder, PMHNP, RN</i> <i>Lexi Barrere, PNP, RN</i></p>	<p>1. Explore communication strategies traditionally used by primary care teams</p> <p>2. Compare communication priorities and approaches used on behavioral health teams</p> <p>3. Apply recent teamwork concepts and strategies to develop high functioning, collaborative teams in primary care</p>	<b>Centennial F (Upstairs)</b>
<b>SIM</b>	<p><b>Building Bridges, Not Walls: Opportunities for Primary Care Practices to Partner with Community Mental Health Centers</b></p> <p><i>Moderator: Lorez Meinhold</i> <i>Jennifer Slack, LCSW</i> <i>Shannon Poletti, MD</i> <i>Michael Dow Psy.D.</i> <i>Janet Rasmussen, MSW</i></p>	<p>1. Discuss strategies for primary care clinics to engage with and build partnerships with community mental health partnerships</p> <p>2. Examine methods for creating shared communication, care planning, and care coordination</p>	<b>Birch (Downstairs)</b>
<b>SIM</b>	<p><b>The Patient as Consumer: New Expectations for Clinicians and Consumers</b></p> <p><i>Pam Ballou Nelson, RN, MSPH, CMPE, PhD</i></p>	<p>1. Differentiate consumer versus patient</p> <p>2. Discuss consumer expectations: a paradigm shift</p> <p>3. Recognize levels of activation that influence consumer health behaviors</p> <p>4. Manage consumer expectations in a value-based world</p>	<b>Pine (Downstairs)</b>
<b>MOVE TO BREAKOUT SESSION #3 - 1:45pm-2:00pm (Beverages)</b>			
<b>BREAKOUT SESSION #3 - 2:00pm-3:00pm</b>			
TRACK	SESSION	OBJECTIVES	LOCATION
<b>SIM Business</b>	<p><b>Building Sustainability for Integration Part 2: Return on Investment</b></p> <p><i>Lesley Manson, PsyD</i></p>	<p>1. Identify specific simple formulas to design cost savings and direct revenue return on investment calculations</p> <p>2. Practice reviewing integrated care practice transformation scenarios and apply return on investment calculations</p> <p>3. Understand how return on investment calculations provide a financial metric of profitability and comparison for making sound financial decisions</p>	<b>Centennial E (Upstairs)</b>
<b>SIM</b>	<p><b>Hard but Not Impossible: SDOH Screening in Primary Care</b></p> <p><i>Heather Bleacher, MD, MPH</i> <i>Kathy Cebuhar, MA, LPC</i></p>	<p>1. Discuss benefits and challenges of screening for Social Determinants of Health (SDOH)</p> <p>2. Describe available instruments that can be used to screen for SDOH in a primary care setting</p> <p>3. Review a checklist of resources that are essential when screening for SDOH</p>	<b>Centennial F (Upstairs)</b>



<p><b>SIM/ SIM Peds</b></p>	<p><b>Health First Colorado Implementation of Regional Organizations</b></p> <p><i>Moderator: Kellyn Pearson, MSN Panel: Representative from HCPF &amp; each RAE</i></p>	<ol style="list-style-type: none"> <li>1. Understand the changes to Health First Colorado (Colorado’s Medicaid Program) delivery system to improve members’ health and reduce costs</li> <li>2. Describe the goals of the Regional Organizations participating in Health First Colorado</li> <li>3. Identify how Regional Organizations are implementing Health First in your community</li> </ol>	<p><b>Pine (Downstairs)</b></p>
<p><b>SIM</b></p>	<p><b>Risk Stratification – Matching Resources to Need</b></p> <p><i>Kathy Reims, MD Caitlyn Hockenbury Laura DiPrince, LPC Danielle Smith, Tamar Shuster, MHSA Shelli James; Simone O’Brien</i></p>	<ol style="list-style-type: none"> <li>1. Learn how risk stratification can help you more efficiently meet the needs of your patients</li> <li>2. Explore different risk stratification strategies used by integrated care teams</li> <li>3. Hear examples of how risk stratification systems are integrated into the daily practice work</li> </ol>	<p><b>Spruce (Downstairs)</b></p>
<p><b>SIM</b></p>	<p><b>Colorado Crisis Services, Support Across Colorado - An Evolving Landscape</b></p> <p><i>Moderator; Heather Stocker, MA Brendan East, MSW Joseph Cardamone</i></p>	<ol style="list-style-type: none"> <li>1. Understand the current and evolving services that make up the Colorado Crisis Services</li> <li>2. Identify statewide resources for mental health, substance use, and emotional crisis help</li> <li>3. Describe the following resources; 1) The Colorado Crisis Line; 2) Walk-In Crisis (WIC) Services; 3) Crisis Stabilization Units (CSUs)</li> </ol>	<p><b>Birch (Downstairs)</b></p>
<p><b>SIM BUSINESS</b></p>	<p><b>Data Aggregation Tools: Cost and Utilization</b></p> <p><i>Steven Demny, MBA Matthew Suppin Steve Melek Katie Matthews</i></p>	<ol style="list-style-type: none"> <li>1. Understand the contents of the CMMI supported Actuarial Cost &amp; Utilization Reports</li> <li>2. Identify how to use the Cost &amp; Utilization Reports to monitor changes among your attributed members by line of business</li> <li>3. Describe how to use the Stratus™ tool to identify your most costly patients, visualize providers by relative unit cost, and review utilization by service category</li> </ol>	<p><b>Aspen (Downstairs)</b></p>
<p><b>SIM</b></p>	<p><b>Introducing Medication Assisted Treatment (MAT) in Primary Care</b></p> <p><i>Kyle Knierim, MD Shandra Brown Levey, PhD Paul Patterson Karley Trautman, ANP</i></p>	<ol style="list-style-type: none"> <li>1. Describe the experiences of early adopters of MAT in their primary care practices</li> <li>2. Identify strategies related to clinical, operational and financial processes to support Opioid Use Disorder treatment in primary care</li> <li>3. Understand how to support a successful MAT program within a primary care clinic</li> </ol>	<p><b>Alder (Downstairs)</b></p>
<p><b>SIM</b></p>	<p><b>Your Patients are Waiting for Integrated Behavioral Health and Primary Care</b></p> <p><i>Stephanie Gold, MD Caitlin Barba, MPH</i></p>	<ol style="list-style-type: none"> <li>1. Identify the tasks and a practical "construction sequence" for behavioral health integration</li> <li>2. Describe how balances are struck between competing priorities with a shared vision for integration of behavioral health</li> <li>3. Understand how to orient and train staff -- and get organized to change workflows and track expected outcomes</li> </ol>	<p><b>Fir (Downstairs)</b></p>
<p><b>MOVE TO PLENARY – 3:00pm-3:15pm (Beverage &amp; Desserts)</b></p>			



# SIM

State Innovation Model

**Plenary: 3:15 pm-3:45 pm (Interlocken Ballroom)**  
**Lieutenant Governor: Dianne Primavera**  
**Office of Saving People Money on Health Care**

**Closing Celebration**  
**3:45 pm – 4:00 pm**

**Session Presentations and Handouts available on the Practice Innovation website:**

<http://www.practiceinnovationco.org/sim-tcpi-collaborative-learning-sessions/>

*The Colorado State Innovation Model office will be inviting media representatives to attend and cover the Collaborative Learning Sessions (CLS) in Broomfield and Grand Junction, CO. Please be aware that any and all of the attendees and speakers at the CLS might be featured in photos that are shared on social media and other media channels and that quotes and information from presentations and discussions might be shared through these channels.*



## Speakers

<b>Name</b>	<b>Organization</b>
<i>Gail Armstrong, PhD, DNP, ACNS-BC, CNE</i>	University of Colorado College of Nursing
<i>Pamela Ballou-Nelson, RN, MSPH, CMPE, PhD</i>	MGMA
<i>Caitlin Barba, MPH</i>	Westminster Medical Clinic
<i>Lexi Barrere, PNP, RN</i>	University of Colorado College of Nursing
<i>Sarah Beary</i>	National Mental Health Innovation Center, University of Colorado Anschutz Medical Campus
<i>Andrew Bienstock, MHA</i>	Department of Family Medicine, University of Colorado School of Medicine
<i>Heather Bleacher, MD, MPH</i>	AF Williams Family Medicine Clinic, University of Colorado
<i>Bonny L. Brill, CMPE, CMRS</i>	The Office of Lisa A. Perryman, MD; Colorado Colon & Rectal Specialists President Elect, CO Medical Group Management Assn (CMGMA) Chair, Centura/CHN Value and Vision Committee
<i>Ashlie Brown</i>	Colorado Health Institute
<i>Shandra Brown Levey, PhD</i>	Department of Family Medicine, University of Colorado School of Medicine
<i>Joseph Cardamone</i>	Rocky Mountain Crisis Partners
<i>Marcia Carteret, M.Ed.</i>	University of Colorado School of Medicine
<i>Kathy Cebuhar, MA, LPC</i>	AF Williams Family Medicine Clinic, University of Colorado
<i>Steven Demny, MBA</i>	Teladoc Health, Inc
<i>Perry Dickinson, MD</i>	Department of Family Medicine, University of Colorado School of Medicine
<i>Laura DiPrince, LPC</i>	Southeast Health Group
<i>Michael Dow, Psy.D.</i>	Mental Health Partners
<i>Brendan East, MSW</i>	Rocky Mountain Crisis Partners
<i>Jane Gerberding, BSN, RN,</i>	Health District of Northern Larimer County
<i>Tista Ghosh, M.D., MPH</i>	Colorado Department of Public Health & Environment
<i>Emma Gilchrist, MPH</i>	Farley Health Policy Center; Department of Family Medicine, University of Colorado School of Medicine
<i>Stephanie Gold, MD</i>	Department of Family Medicine, University of Colorado School of Medicine
<i>Patrick Gordon, MPA</i>	UnitedHealthcare Community & State Colorado
<i>Allyson Gottsman</i>	Department of Family Medicine, University of Colorado School of Medicine
<i>Jeff Helm, MPA</i>	Colorado Department of Health Care Policy and Financing
<i>Caitlyn Hockenbury</i>	Boulder Community Health
<i>Kate Horle</i>	CORHIO: Colorado Regional Health Information Organization
<i>Sam Hubley, PhD</i>	Department of Family Medicine, University of Colorado School of Medicine
<i>Shelli James</i>	HealthTeamWorks
<i>Dee Kessler</i>	San Luis Valley Behavioral Health Group
<i>Stephanie Kirchner, MSPH, RD</i>	Department of Family Medicine, University of Colorado School of Medicine
<i>Kyle Knierim, MD</i>	Department of Family Medicine, University of Colorado School of Medicine
<i>Lesley Manson, Psy.D</i>	Arizona State University, College of Health Solutions
<i>Barbara Martin, RN, MSN, ACNP-BC, MPH</i>	State Innovation Model (SIM) Office
<i>Kristin Mast</i>	St Luke's Medical Clinic
<i>Katie Matthews</i>	Milliman
<i>Susan H McDaniel, PhD</i>	University of Rochester Medical Center
<i>Lorez Meinhold</i>	Keystone Policy Center
<i>Steve Melek</i>	Milliman
<i>Simone O'Brien</i>	Colorado Community Health Alliance (CCHA)
<i>Lauren O'Kipney, CRCS</i>	CORHIO: Colorado Regional Health Information Organization
<i>Paul Patterson</i>	Colorado Primary Health Care
<i>Kellyn Pearson, MSN</i>	Department of Family Medicine, University of Colorado School of Medicine
<i>Shannon Poletti, MD</i>	Jefferson Center for Mental Health





# SIM

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<i>Heather Ponicsan, DNP, MPH, RN</i>	City and County of Broomfield
<i>Dianne Primavera</i>	Lieutenant Governor, Colorado
<i>Lori Raney, MD</i>	Health Management Associates
<i>Janet Rasmussen, MSW</i>	Clinica Family Health
<i>Kathleen Reims, MD</i>	CSI Solutions
<i>Courtney Ryan</i>	Telligen
<i>Tamar Shuster, MHSA</i>	Physician Health Partners (PHP)
<i>Jennifer Slack, LCSW</i>	Jefferson Center for Mental Health
<i>Danielle Smith</i>	Southeast Health Group
<i>Sarah Stalder, PMHNP, RN</i>	University of Colorado College of Nursing
<i>Janet Steinkamp</i>	Colorado State Innovation Model lead for the Office of Behavioral Health
<i>Heather Stocker, MA</i>	Department of Family Medicine, University of Colorado School of Medicine
<i>Matthew Suppin</i>	Teladoc Health, Inc
<i>Taylor Miranda Thompson, MPH</i>	Colorado Community Health Network
<i>Karley Trautman, ANP</i>	Colorado Primary Health Care
<i>Robyn Wearner, MA, RD</i>	Department of Family Medicine, University of Colorado School of Medicine
<i>R Todd Welter, MS</i>	RT Welter and Associates

***Thank you to the Department of Family Medicine for furnishing our food and refreshments today!***

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