

WHOLE-HEALTH INTERVENTIONS FOR THE MULTI-GENERATIONAL PRACTICE

RAUL DE VILLEGAS-DECKER, PSY.D.

FOUNDER

RDV EXECUTIVE CONSULTING GROUP, LLC



DISCLOSURES

DR. DE VILLEGAS HAS THE FOLLOWING DISCLOSURES TO REPORT:

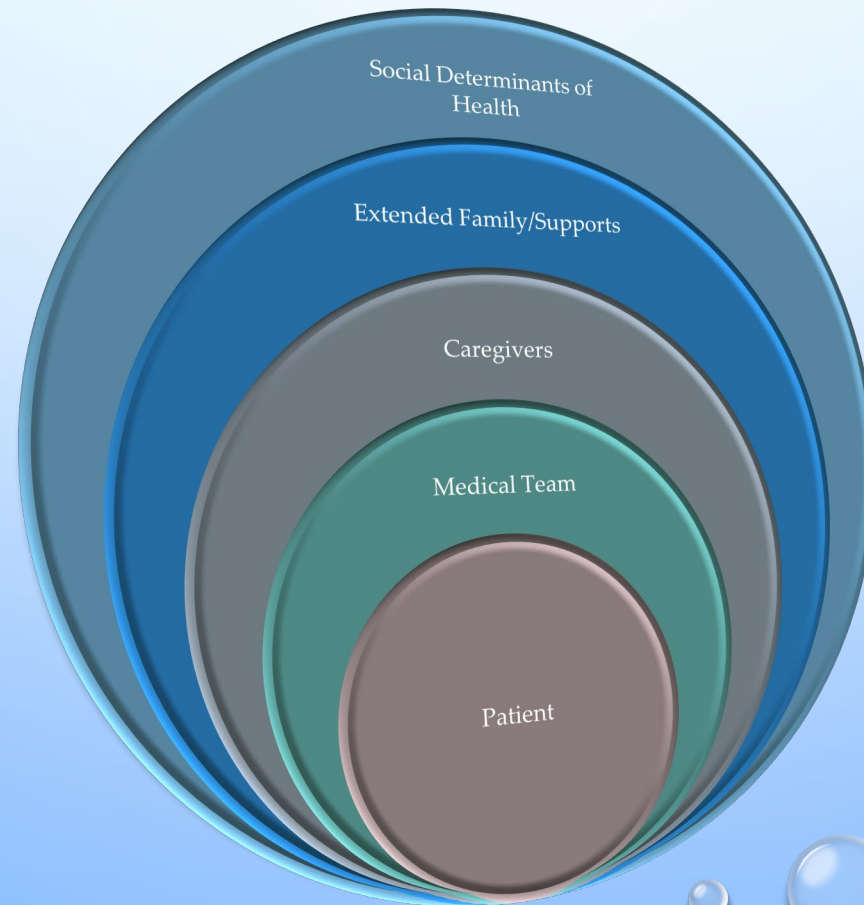
- MANAGING FOUNDER AND PRINCIPAL CONSULTANT FOR
RDV EXECUTIVE CONSULTING GROUP, LLC
- DIRECTOR, INTEGRATED BEHAVIORAL HEALTH SERVICES AT WESTERN
COLORADO PEDIATRIC ASSOCIATES A DIVISION OF PRIMARY CARE PARTNERS
- CLINICIAN AT BEHAVIORAL HEALTH & WELLNESS

OBJECTIVES

1. INCREASE FAMILY ENGAGEMENT
2. ASSESS AND ADDRESS THE SOCIAL DETERMINANTS OF HEALTH NEEDS OF THE FAMILY
3. SUPPORT THE MEDICAL TEAM

INCREASE FAMILY ENGAGEMENT

- A PEDIATRIC PRACTICE, MORE SO THAN A FAMILY PRACTICE HAS MULTIPLE "PATIENTS" DURING AN OFFICE VISIT.



ASSESS AND ADDRESS SOCIAL DETERMINANTS OF HEALTH

- TEAM BASED APPROACH
 - FRONT LINE STAFF
 - NURSES
 - CARE COORDINATORS
 - INTEGRATED BEHAVIORAL HEALTH CLINICIANS
 - MEDICAL PROVIDERS
 - SCREENING TOOLS*
- PATIENT CENTERED CARE
 - A PEDIATRIC PATIENT'S PRESENTATION MUST BE CONSIDERED WITHIN THE CONTEXT OF HIS ENVIRONMENT

EXTENDED FAMILY/SUPPORT

- WHO, WHAT, WHERE, WHY?
- THESE ARE THE INDIVIDUALS THAT SUPPORT THE ADULTS IN THE CHILD'S LIFE.
- NURSING, CARE COORDINATORS AND FRONT OFFICE STAFF ARE INSTRUMENTAL IN BRIDGING THE INFORMATION GAP.

CAREGIVERS

- CAREGIVERS ARE THE MOST IMPORTANT MEMBERS IN THE ROOM WHEN ADDRESSING THE PATIENT NEEDS. CAREGIVERS, WHETHER PARENTS, GRANDPARENTS, UNCLES, AUNTS, ETC., ARE SIGNIFICANT PLAYERS IN THE PATIENT'S LIFE.
- DEVELOPING MEANINGFUL RELATIONSHIPS IS CRUCIAL BUT THIS DOES NOT MEAN THAT IT IS UNIDIRECTIONAL.
- SCREENING TOOLS CAN HELP, HOWEVER, CONNECTING WITH THE CAREGIVERS VIA NURSING AND CARE COORDINATORS IS IDEAL.

CAREGIVERS

- WHAT ARE THE NEEDS OF CAREGIVERS?

- RELIABLE INFORMATION ABOUT THEIR CHILD'S WHOLE HEALTH
- COLLABORATION THAT HELPS THEM FEEL EMPOWERED
- "GOOD ENOUGH"
- OPPORTUNITIES THAT HELP THEM NOT JUDGE THEM (WALK ALONGSIDE)

- INTERVENTIONS

WESTERN COLORADO PEDIATRIC ASSOCIATES - "ON SECOND THOUGHT" PARENT RESOURCE GROUP

MEDICAL TEAM

- AWARENESS THAT MEDICAL ISSUES ARE INTERCONNECTED WITH BEHAVIORAL HEALTH
- BEHAVIORAL HEALTH DOES NOT EQUAL PATHOLOGY
- BEHAVIORAL HEALTH NEEDS DOES NOT MEAN THERAPY
- SOCIAL DETERMINANTS OF HEALTH DOES NOT EQUAL BEHAVIORAL HEALTH AND/OR THERAPY.
- HELP THE MEDICAL TEAM RESIST THE "RIGHTING REFLEX"
- ASSIST THE MEDICAL TEAM MANAGE THE DISTRESS ASSOCIATED WITH MULTI-GENERATIONAL ISSUES

QUESTIONS