# Collaborative Learning Session - May 18, 2018

Omni Interlocken—500 Interlocken Blvd, Broomfield, CO

<table>
<thead>
<tr>
<th>Time</th>
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<tbody>
<tr>
<td>Registration</td>
<td>8:00 am - 9:00 am</td>
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<tr>
<td>Welcome/Introduction</td>
<td>9:00 am - 9:10 am</td>
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<tr>
<td>High Level Overview of SIM &amp; TCPi</td>
<td>9:10 am - 9:20 am</td>
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<tr>
<td>Keynote</td>
<td>9:30 am - 10:30 am</td>
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**Keynote:** 9:30 am-10:30 am  
**Patient Centered Medical Home Foundation for Transformation**  
Paul Grundy, MD, MPH, FACOEM, FACPM  
Global Healthcare Transformation, HealthTeamWorks

**Objectives:**

1. Understand how PCMH level care is now the standard of care in US Veterans Administration and the Department of Defense in 48 states a dozen countries
2. Three factors driving healthcare transformation
3. Three legs of the stool for Healthcare transformation to work

## Breakout Session #1 - 10:30 am - 10:45 am

**SIM**

- **Learning to Meet Your Needs, Fill the Gaps and Increase Team Performance**  
  
  **Tracks:**  
  - Kathy Cebuhar, MA, CPC  
  - Robyn Weamer, MA, RD  
  - Frank Jadwin, LCSW  
  - Donna Roberts, RN

  **Objectives:**
  
  1. Share methods of team training that enhance and promote collaboration in the assessment, care planning and treatment of patients
  2. Answer the question, how do we learn to maximize team member expertise and share knowledge in ways that strengthen patient care?
  3. Think more broadly about training options and methods of care delivery

## Breakout Session #1 - 10:45 am - 11:45 am

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<td>BH Integration from the BH Provider Viewpoint</td>
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  - Jonathan Muther, PhD |  
  1. Describe an ideal state for Behavioral Health Provider integration  
  2. Understand the challenges of integrating a behavioral health provider  
  3. Identify successful strategies to use when integrating a behavioral health provider |  

| SIM   | The Power of Partnership for Health Care Transformation: Creating Patient and Family Advisory Programs |  
  - Mary Minetti, BS, CPHQ Linda Sample |  
  1. Participants will be able to: Understand ways to engage patients and families in the improvement of health care delivery systems  
  2. Participants will be able to: Identify key steps for establishing a Patient and Family Advisory Council or Program  
  3. Participants will be able to: Describe how to measure the impact of a PFAC |  

## Track Session

**SIM**

- **BH Integration from the BH Provider Viewpoint**  
  - Jonathan Muther, PhD

  **Objectives:**
  
  1. Describe an ideal state for Behavioral Health Provider integration  
  2. Understand the challenges of integrating a behavioral health provider  
  3. Identify successful strategies to use when integrating a behavioral health provider

- **The Power of Partnership for Health Care Transformation: Creating Patient and Family Advisory Programs**  
  - Mary Minetti, BS, CPHQ Linda Sample

  **Objectives:**
  
  1. Participants will be able to: Understand ways to engage patients and families in the improvement of health care delivery systems  
  2. Participants will be able to: Identify key steps for establishing a Patient and Family Advisory Council or Program  
  3. Participants will be able to: Describe how to measure the impact of a PFAC
| SIM Peds | Introducing the Suicide Prevention Toolkit for Colorado Pediatric Primary Care Practices  
* Liza Tupa, PhD |
|---|---|
| 1. Describe the prevalence, risk and protective factors, and warning signs associated with suicide  
2. Understand practical prevention strategies and protocols to implement in their pediatric office to identify at-risk patients and effectively intervene without disrupting patient flow  
3. Collaborate with behavioral health experts in their community to establish referral sources and minimize the disruption of daily operations |
| TCPI | Implementation of High Value Care Strategies  
* Moderators; Carol Greenlee, MD  
Matt Keelin, MBA  
Practice Panel |
| 1. Describe examples of practice level activities that address reducing unnecessary testing and emergency department visits  
2. Describe examples of practice level activities that address reducing unnecessary emergency department visits  
3. Understand opportunities to negotiate payment rates with commercial payers |
| TCPI (MHC) | Evaluating BH Treatment Outcomes: We Can Do Better  
* Brian DeSantis, Psy.D |
| 1. Understand the empirical debate between two fundamentally different approaches to defining and implementing research evidence into BH care and cite two disadvantages against the primary approach of transporting EBTs into practice  
2. Describe four gold standard criteria for measuring brief BH treatments delivered in primary care  
3. Identify an alternative BH screener that offers advantages over traditional, primary care screeners and can also serve a dual purpose as an outcome too  
4. Discuss four advantages of a patient-feedback BH outcome measure that has been demonstrated to be a QI measure in specialty BH care and is currently being researched in integrated BH primary care |
| Multi Initiative | Mental Health First Aid as a Strategy for Colorado Primary Care Practices  
* Barbara Becker, PhD  
Emily Haller |
| 1. Identify core components of Mental Health First Aid (both youth and adult)  
2. Identify how to strategically implement Mental Health First Aid training for staff and providers in a primary care practice.  
3. Learn how to identify and establish behavioral health referral sources in your community and how to connect with MHFACO |
| Multi Initiative | Alternative Payment Models 101  
* Stephanie Gold, MD |
| 1. Define the current major payment models in the United States  
2. Understand the strengths and limitations of different payment models for primary care  
3. Describe the evidence for different payment models |
**Multi Initiative**

**Team and System Approaches to Promoting Resilience and Well-Being of the Healthcare Workforce**

*Patrick P. Kneeland, MD*
*Read G. Pierce, MD*

1. Explore traditional deficit-based frameworks for burnout in contrast to proactive frameworks toward team and system resilience
2. Identify high-yield and actionable metrics for individual, team, and system well-being and resilience
3. Identify opportunities for the application of team and system-based interventions to optimize resilience and well-being within the healthcare workforce

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**LUNCH in BALLROOM 11:45 am-1:15 pm**

*TCPi Mental Health Centers will have lunch in the Private Dining Room*

**RESOURCE AREA OPEN FOR NETWORKING 12:45 pm – 1:15 pm**

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**MOVE TO BREAKOUT SESSION #2 - 1:00 pm-1:15 pm**

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**BREAKOUT SESSION #2 - 1:15 pm-2:15 pm**

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| SIM   | Understanding and Using Actuarial Cost and Utilization Reports | 1. Gain Understanding of and learn how to monitor the CMMI Cost & Utilization Metrics  
2. Gain Understanding of and learn how to monitor Actuarial Cost & Utilization Metric  
3. Learn How to Identify What is “Going Well” or “Not so Much” Financially |         |
|       | Steve Melek, FSA, MAAA  
Matt Suppin |           |         |
| SIM   | Skillful Patient Engagement Is Learned | 1. Recognize that the culture of a practice affects patient & family understanding and comfort level  
2. Identify how effective communication can improve health outcomes  
3. Understand that cultural barriers, language proficiency and patient literacy are additional challenges with diverse populations that should also be addressed with specific communication skills training |         |
|       | Glen Kotz, MD  
Marcia Carteret, M.Ed.  
Kristin Boronski |           |         |
| SIM   | Suicide Prevention Toolkit for Colorado Adult Primary Care Practices | 1. Describe the prevalence, risk and protective factors, and warning signs associated with suicide  
2. Understand practical prevention strategies and protocols to implement in their primary care office to identify at-risk patients and effectively intervene without disrupting patient flow  
3. Collaborate with behavioral health experts in their community to establish referral sources and minimize the disruption of daily operations |         |
|       | Liza Tupa, PhD |           |         |
| Sim Peds | Integrated care and Understanding Social Determinants of Health (Peds) | 1. Understand the relationship between health and healthcare and impact of social determinants of health (SDoH) on both  
2. Describe the opportunities and challenges inherent within a pediatric setting with respect to SDoH  
3. Identify strategies to implement SDoH in your practice |         |
|       | Sue Williamson  
Bridget Burnett, PsyD  
John Laukkanen, MSW, LCSW |           |         |
| TCPI | The Person and Family Engagement Imperative: Creating Systems to Strengthen Partnerships in Ambulatory Care  
*Mary Minetti, BS, CPHQ* | 1. Understand what PFE is and why it is a key strategy in transforming care  
2. Describe the six person and family engagement performance metrics  
3. Identify at least one approach to meeting each of the six PFE metric requirements |
| TCPI (MHC) | EHR Workflows  
*Jennifer Halfacre* | 1. Understand how the introduction of an EHR impacts workflows  
2. Use process mapping as a tool to create or improve EHR workflows  
3. Describe at least three common benefits for improving EHR workflows |
| Multi Initiative | Value Based Coding  
*Nancy M Enos, FAMCPE, CPC-I, CPMA CEMC CPC  
Pamela Ballou-Nelson, RN, MSPH, CMPE, PhD* | 1. Understand the changes in value-based coding that are driving the focus towards diagnosis coding  
2. Bring important information to their practices on how to document and code comorbidities to report the health of their patient population more accurately  
3. Follow ICD-10 guidelines regarding code selection, how often to report chronic diseases and when to report status codes using ICD-10 codes for Risk Adjustment contracts |
| Multi Initiative | Opioids: Colorado’s Response  
*Rob Valuck, PhD, RPh* | 1. Describe the efforts of the Colorado Consortium to reduce prescription drug abuse  
2. Understand the many strategies being implemented across Colorado to reduce prescription drug abuse  
3. Identify strategies that can be implemented in their practice to reduce prescription drug abuse |
| Multi Initiative | Medicaid Primary Care Payment Reform  
*Shane Mofford* | 1. Participants will be able to: Understand what primary care payment reforms the state is implementing in Medicaid and why.  
2. Participants will be able to: Determine which primary care payment reforms apply to them.  
3. Participants will be able to: Know what to expect/do and when to be successful in the Medicaid primary care payment reforms. |

**MOVE TO BREAKOUT SESSION #3 - 1:00 pm-1:15 pm**

**BREAKOUT SESSION #3 - 2:30 pm-3:30 pm**

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| SIM   | Build your own Integrated Center  
*Christin Sutter  
Leah Goetz, MA, LPC* | 1. Understand strengths and weakness concerning integration of primary care into mental health centers  
2. Describe ways to be creative as they build their own integrated center | |
| SIM | What Does Integrated Behavioral Health Look Like in Your Federally Qualified Health? | 1. Describe challenges and successes to implementing integrated behavioral health in an FQHC  
2. Identify strategies to facilitate implementation of integrated behavioral health in their practice setting  
3. Understand resources available to them from participating in SIM for behavioral health integration |
|------|-----------------------------------------------------------------------------------|------------------------------------------------------------------------------------------|
| SIM | What Does Integrated Behavioral Health Look Like in a Practice in a Large System? | 1. Describe challenges and successes to implementing integrated behavioral health system practice  
2. Identify strategies to facilitate implementation of integrated behavioral health in their practice setting  
3. Understand resources available to them from participating in SIM for behavioral health integration |
| SIM | What Does Integrated Behavioral Health Look Like in Your Small Independent Practice? | 1. Describe challenges and successes to implementing integrated behavioral health a small independent practice  
2. Identify strategies to facilitate implementation of integrated behavioral health in their practice setting  
3. Understand resources available to them from participating in SIM for behavioral health integration |
| SIM Peds | What Does Integrated Behavioral Health Look Like in Your Pediatric Practice? | 1. Describe challenges and successes to implementing integrated behavioral health in pediatric practices  
2. Identify strategies to facilitate implementation of integrated behavioral health in their practice setting  
3. Understand resources available to them from participating in SIM for behavioral health integration |
| TCPI | Appropriate Use of Care – Why & How; Engaging Patients and Care Teams | 1. Identify strategies to engage patients and families in their care  
2. Understand approaches to use in your clinic setting to reduce unnecessary emergency department visits  
3. Describe workflows to implement these approaches in your practice |
| TCPI (MCH) | The Changing Landscape of Health Care and How it is Transforming Behavioral Health | 1. Understand how changes in overall health care delivery is impacting the provision of behavioral health care across the United States  
2. Identify at least 2 core areas providers and their organizations need to address so they can demonstrate value to payers, regulators, and the people they serve  
3. Learn how to utilize the TCPI Specialty Practice Assessment Tool as a road map to guide organizations through the challenges of transformation |
| Multi Initiative | Medicare Quality Payment Program (QPP) for 2018 | Andrew Bienstock, MHA  
Courtnay Ryan  
Lauren O’Kipney | 1. Describe the MIPS program requirements for the 2018 performance year  
2. Understand the impact of the cost performance category in 2018  
3. Identify strategies to improve you Quality performance category score |
|-------------------|------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Multi Initiative  | Implementation of Strategies to Address Opioids: What Is Happening in Practices and in the Community? | Laura Don, LCSW, MPH  
Alan Kimura, MD  
Meghan Prentiss, MA  
Daniel V. Pacheco, MBA  
Linda Zittleman, MSPH | 1. Identify successful strategies to use when implementing prescription drug abuse prevention activities  
2. Understand community projects that are available to support practices  
3. Describe an opportunity available to clinicians to receive medication assisted therapy (MAT) training |
### Speakers:

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<th>Name</th>
<th>Organization</th>
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<tr>
<td>Rena Bach</td>
<td>SurgOne, P.C.</td>
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<td>Pamela Ballou-Nelson</td>
<td>MGMA</td>
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<td>Barbara Becker</td>
<td>Colorado Behavioral Healthcare Council</td>
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<tr>
<td>Andrew Bienstock</td>
<td>Department of Family Medicine</td>
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<tr>
<td>Kristin Boronski</td>
<td>MidValley Family Practice</td>
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<td>Bridget Burnett</td>
<td>Children's Hospital Colorado</td>
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<td>Kathy Cebuhar</td>
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<tr>
<td>George Del Grosso</td>
<td>TCPI Faculty</td>
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<tr>
<td>Brian DeSanti</td>
<td>Behavioral Health, Peak Vista Community Health Centers</td>
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<tr>
<td>Laura Don</td>
<td>Trailhead or Tri County HD</td>
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<tr>
<td>Nancy M Enos</td>
<td>Independent MGMA Consultant</td>
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<tr>
<td>Leah Goetz</td>
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<td>Linda Goetz</td>
<td>Citizens for Patient Safety, LLC</td>
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<tr>
<td>Liza Goetz</td>
<td>Western Interstate Commission for Higher Education</td>
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<tr>
<td>Marcia Goetz</td>
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<td>Mary Goetz</td>
<td>Institute for Patient- and Family-Centered Care</td>
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<td>Stephanie Gold</td>
<td>Denver Health / University of Colorado</td>
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<td>Allyson Gottsman</td>
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<td>Gabrielle Langliniais</td>
<td>Radiology Imaging Associates</td>
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<td>Meghan Prentiss</td>
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<td>Courtney Ryan</td>
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<td>Christin Supper</td>
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<td>Rob Valuck</td>
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<tr>
<td>Sue Williamson</td>
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