

EvidenceNOW Southwest Toolkit

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ENSW ABCS Clinical Guideline Summaries

Aspirin

[Primary and Secondary Prevention of Cardiovascular Disease - Guidelines on the use of aspirin and other anti-thrombotics](#)

Blood Pressure Management

[Hypertension Control - Action Steps for Clinicians](#)

An article from the Centers for Disease Control addressing strategies to optimize blood pressure control.

[Visit Checklist: Supporting Your Patients with High Blood Pressure](#)

A one page checklist from the CDC for health care professionals to use when assisting patients with hypertension control.

Cholesterol Management

[The Patient With Difficult-to-Treat Hypercholesterolemia: Is Everything Under Control?](#)

Panel discussion video on lipid management in difficult to treat patients.

Smoking Cessation Management

[Behavioral and Pharmacotherapy Interventions for Tobacco Smoking Cessation in Adults, Including Pregnant Women: U.S. Preventive Services Task Force Recommendation Statement](#)

This article is an evidence review of smoking cessation of the effectiveness and safety of pharmacotherapy and behavioral tobacco cessation interventions among adults, including pregnant women and those with mental health conditions.

[Tobacco Cessation in 2013](#)

Brief summary of evidence-based strategies for smoking cessation counseling, health system changes that promote treatment for tobacco use, new protocols for tobacco cessation therapies, and emerging tobacco products that are being marketed as harm-reduction tools.

The 10 Building Blocks of High-Performing Primary Care

Building Block 1: Engaged leadership

[Institute for Healthcare Improvement \(IHI\): High-Impact Leadership: Improve Care, Improve the Health of Populations, and Reduce Costs](#)

This white paper presents three interdependent dimensions of leadership that together define high-impact leadership in health care: New Mental Models, High-Impact Leadership Behaviors, and IHI High-Impact Leadership Framework.

Building Block 2: Data driven improvement using computer-based technology

[HealthIT.gov Practice Transformation Toolkit](#)

The Practice Transformation Toolkit (Toolkit) is a comprehensive set of tools and resources that providers and staff members can use to implement a new or upgraded electronic health record (EHR) in order to transform and improve their practice in the areas of operations, clinical quality, finances, and staff and patient satisfaction.

Building Block 3: Empanelment

[American Academy of Family Physicians: Panel Size: How Many Patients Can One Doctor Manage](#)

This article discusses how to determine the number of patients a physician can effectively care for. This article has a patient panel size worksheet.

[Safety Net Medical Home Initiative - Addressing staff pushback for Empanelment](#)

This clinical tool discusses provider and/or manager push back examples, including effective responses and the management opportunity.

[Safety Net Medical Home Initiative - Implementation Guide for Empanelment](#)

This guide discusses change concepts, offers a background, roles and responsibilities of team members. It includes useful information about pre-empanelment work, steps to empanelment, case studies, analyzing panel size and ongoing monitoring and adjusting of empanelment.

Building Block 4: Team-based Care

[AAFP: Family Practice Management](#)

An article and resources designed by the AAFP on how to huddle, success stories and a sample agenda.

[AAFP: Family Practice Management](#)

An article from the AAFP on how to engage patients in collaborative care plans, including useful examples and templates.

[Continuous and Team-Based Healing Relationships Resources](#)

This website offers links to implementation guides, tools, and webinars related to how to improve patient care through effective team-based care.

[Continuous and Team-Based Healing Relationships Supplement: Elevating the Role of the Medical/Clinical Assistant](#)

This supplement provides a curriculum and training materials (PowerPoint presentations, handouts, skill assessments, exams, etc.) that practices can use to enhance the skills of Medical & Clinical Assistants.

[Core Principles & Values of Effective Team-Based Healthcare](#)

Institute of Medicine (IOM) article discussing the principles and values of team-based care. The paper is intended to provide common reference points to guide coordinated collaboration among health professionals, patients, and families—ultimately helping to accelerate inter-professional team-based care.

Building Block 5: Patient-Team Partnership

[AHRQ: Implementing Shared Decision Making In Varied Practice Settings](#)

Webinar on Implementing Shared Decision Making in Varied Practice Settings.

[AHRQ: SHARE Approach Curriculum Tools](#)

Link to the PDF versions of the Shared Decision Making Workshop Tools.

[BJC Healthcare Patient and Family Advisory Councils](#)

Step by step guide to creating patient advisory councils.

[Community Health Association of Mountain/Plains States \(CHAMPS\) Patient Self-Management Tools](#)

Self-Management tools to utilize with patients around Asthma (Spanish), Depression, CVD, Diabetes, Hypertension, Weight, and others.

[Improving Medication Adherence Among Patients with Hypertension](#)

A tip sheet for health care professionals to use when discussing medication adherence in controlling hypertension using the SIMPLE acronym.

[The SHARE Approach Tools from AHRQ](#)

Essential Steps of Shared Decision Making: Quick Reference Guide

Building Block 6: Population Management

[AIMS CENTER: Care Manager Job Description](#)

Example of a job description for a care manager.

[Registries for Evaluating Patient Outcomes: A User's Guide from AHRQ](#)

This document serves as a guide to the design, implementation, analysis, interpretation, and evaluation of the quality of a registry for understanding patient outcomes. This handbook focuses on registries that are created for one or more of the following purposes: to describe the natural history of disease, to determine clinical effectiveness or cost effectiveness of health care products and services, to measure or monitor safety and harm, and/or to measure quality of care.

[Registries Made Simple](#)

AAFP Article outlining how to utilize a registry for population management.

[Risk Stratification Methods for Identifying Care Coordination Patients](#)

Article outlining the different risk stratification methods for identifying patients that would benefit from care coordination.

[Statins for Primary Prevention in Older Adults: Who Is High Risk, Who Is Old, and What Denotes Primary Prevention?](#)

A brief editorial on treating older adults with statin medications for prevention of cardiovascular events.

Practice Transformation

[Developing and Running a Primary Care Practice Facilitation Program](#)

This guide provides comprehensive information on developing and maintaining a practice facilitation program within primary care practices. The guide's use is also intended to assist in the development of the facilitation workforce within primary care.

[Practice Facilitation Handbook: Training Modules for New Facilitators and Their Trainers](#)

A comprehensive training program developed by the Agency for Healthcare Research and Quality targeting new practice facilitators and their trainers.

[Building Quality Improvement Capacity in Primary Care](#)

An article provides tips for practice facilitators for strengthening Quality Improvement capacity in the primary care setting.

[Practice Facilitation and Coaching](#)

A website developed by the MacColl Center for Health Care Innovation, dedicated to providing practice facilitation/coaching toolkits and resources.

[Facilitating Improvement in Primary Care: The Promise of Practice Coaching](#)

An article by the Commonwealth Fund regarding process improvement in primary care through practice coaching.

[Enhancing the Primary Care Team to Provide Redesigned Care: The Roles of Practice Facilitators and Care Managers](#)

An article published by the Annals of Family Medicine regarding leveraging Practice Facilitators and Care Managers to enhance Primary Care Teams.

Reference Citations

[Agency for Healthcare Research and Quality](#)

[AIMS Center - University of Washington](#)

[American Academy of Family Physicians](#)

[American College of Cardiology](#)

[American Journal of Managed Care](#)

[Annals of Family Medicine](#)

[Annals of Internal Medicine](#)

[The Beryl Institute](#)

[Centers for Disease Control](#)

[Community Health Association of Mountain/Plains States \(CHAMPS\)](#)

[Circulation](#)

[Commonwealth Fund](#)

[EvidenceNOW Southwest: Cardiovascular Disease Annotated Bibliography](#)

[Institute of Medicine](#)

[JAMA](#)

[Kaiser Permanente](#)

[MacColl Center for Health Care Innovation](#)

[Medscape](#)

[MillionHearts – CDC](#)

[National AHEC Organization](#)

[National Center for Biotechnology Information](#)

[North Carolina Medical Journal](#)

[Safety Net Medical Home Initiative](#)